



# COVID is challenging our community and we're here to help you cope ...



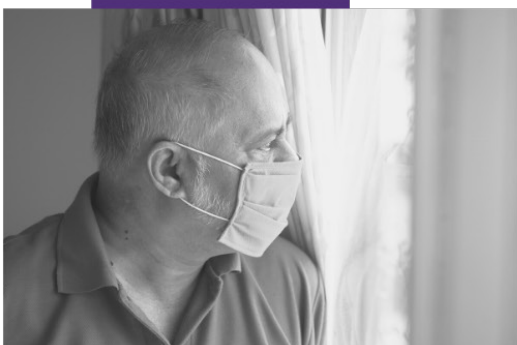
We are a proud provider agency of NY Project Hope, New York State's COVID-19 Crisis Counseling Program.



Astor Services for Children & Families is now providing **Dutchess & Rockland counties** with free, confidential, and anonymous emotional support.



To learn more, contact Megan Wright at **(845) 204-5223** [mwright@astorservices.org](mailto:mwright@astorservices.org)



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**Free, anonymous & confidential**

NY Project Hope  
Coping with COVID

A program of the NYS Office of Mental Health  
Funded by FEMA