

Dutchess County Dental Society

Branch of the Ninth District Dental Association



TUESDAY, DECEMBER 21, 2010

“Obesity/Metabolic Syndrome/Diabetes Mellitus”

Synopsis: Obesity, Metabolic Syndrome and Diabetes Mellitus are problems affecting multitudes of people in all age groups. This discussion will center on Definitions and Criteria for Diagnosis of all 3 entities. The Pathophysiology of Type II Diabetes, along with signs, symptoms diagnosis and treatment. Complications, both micro and macro vascular will be taught. Lipid chemistry and meanings will be discussed and Medical and Dental Complications of all 3 entities will be shown as well.

C. Ranjan Nath, MD, FACP, FACE, FRCPC

- Private Practice- Specialty in Endocrinology and Diabetes- Fishkill and Westchester Cty.
 - Medical Director, Phelps Memorial Hospital
 - started the Diabetes and Metabolism Center in Sleepy Hollow, NY.
- Fellow of the American College of Endocrinologists, the American College of Physicians, and the Royal College of Physicians and Surgeons of Canada.
 - Medical Advisor to several Pharmaceutical Companies.

**Umbertos of Mamma Marissa
Route 9 Poughkeepsie**

6:30 Cash Bar

7:00 Dinner Meeting

*****IMPORTANT – PLEASE NOTE CAREFULLY*****

If you intend to dine at this meeting your advance reservation must be received by the Steward on or before 12/16/10. If your reservation is not received by that date the availability of a meal is not guaranteed. If a non-reserved meal is available it will be subject to a surcharge.

You may bring your payment to the meeting or send it in advance. **Phone, fax, mail or e-mail reservation to our Steward: Dr. Anthony Bonavoglia 297-4075; Fax: 297-4076; mail: 7 Moran Ave. Wappingers Falls, NY 12590. E-mail: wiresmile@yahoo.com.**

Do NOT make your reservation with the restaurant.

Your reservation guarantees your meal and payment is due once the meal count is given to the restaurant. Cancellations must be received on or before the above date.

Please check in at the Steward’s table on arrival and pick up your place card and sign in for CE credit. Your place card is the record of your reservation and it shows your meal choice. Your place card at your table is needed for proper service from the wait staff.

\$ 20- Active, Active Life, and Retired Life Members of the DCDS

\$ 27- Retired, Associate & Honorary Members of the DCDS & Applicants

\$ 27- Student Dentists, Dentists in Residencies and Staff of DCDS Members

\$ 42- All Others

\$15 Program-Only Fee for non-members not purchasing a meal

\$25 (in addition to above costs) surcharge for non-reservation if meal is available

Choose meal from Chicken Sorrentino, Veal Parm. or Herb Encrusted Salmon

DCDS EXECUTIVE BOARD 2010-2011

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	Dr. Don Stammer	897-5572 / 897-5572	zahndoc@live.doc
	Dr. Kelly Walters	896-8880 / 896-2439	dr.kelly.walters@gmail.com
Steward	Dr. Anthony Bonavoglia	297-4075 / 297-4076	wiresmile@yahoo.com
Ninth District Executive Committee Member	Dr. Armen Manasar	297-6432 / 297-6432	amanasar@aol.com
9th District Past Pres.	Dr. Irving Baum	897-9698 / 897-3384	doctorbaum@aol.com
	Dr. Bill Kirtland	229-5102 / 229-7506	wdkdds@aol.com

DCDS Health Insurance Options with MVP- 2011

(1) <u>PPO Preferred- P0207S:</u>	Single- \$645.66/mo	Family- \$1,614.16/mo
	<u>In-Network</u>	<u>Out-Of-Network</u>
Annual Deductible:	none	\$2,000/\$5,000
Co-Insurance:	none	20%
Office Visit:	\$30/visit	subject to deductible/co-insurance
Preventative:	covered in full	subject to deductible/co-insurance
Pharmacy:	\$10/\$30/\$50	\$10/\$30/\$50

(2) Trivantage EPO- Family Focus: Single- \$595.00/mo Family- \$1,487.51/mo

(3) Trivantage EPO- Active Lifestyle: Single- \$595.00/mo Family- \$1,487.51/mo

Annual Deductible or Co-Insur.: none
PCP Office Visit (Family Focus): \$20 (adult); \$5 (sick child age 5-18); \$0 (sick child thru age 4)
PCP Office Visit (Active Lifestyle):\$15/visit
Specialist Office Visit: \$40/visit
Preventative: covered in full
Pharmacy: \$10/\$30/\$50 prescription drug

MVP OPEN ENROLLMENT for DCDS Members & Employees

REMINDER: December is the open enrollment period for any current **DCDS member**, or staff employee of such members, to apply for health insurance with the coverage to begin January 1, 2011. In addition, currently enrolled participants who wish to make changes in their coverage **must** do so during December. Please contact Stephen Kaplan @ kaplansr@aol.com or 462-3631 for an application or to notify him of any changes, including cancellation, address changes, marriage, birth, adoptions, etc.

Photographs of general interest are wanted for future issues of the bulletin. One of the new enhancements and virtues of an electronic newsletter will be a page dedicated to the creative talents of our members. Please send your photos to lesm1@optonline.net

MARK YOUR CALENDAR

- Tues., Jan. 18, 2011 DCDS General Membership Meeting
"Essentials of Crown and Bridge: The Double Cord Impression Technique"
Julie Abrahamson, D.D.S.
- Tues., Feb. 15, 2011 DCDS General Membership Meeting
Topic TBD
Presenter: TBD
- Tues., Mar. 15, 2011 DCDS General Membership Meeting
Topic TBD
Presenter: TBD
- Wed., Mar. 16, 2011 9th District General Membership Meeting
"Essential Anterior Dentistry: Digital Portrait to Complete Case"
Martin B. Goldstein, D.M.D.
DoubleTree Tarrytown, NY
-
- Wed., Apr. 13, 2011 **DCDS All Day Seminar**
"Love Dentistry, Have Fun and Prosper!"
with the spectacular Drs. Richard and David Madow
Registering now at <http://dcdsny.com/register.php>
Flyer available here: <http://dcdsny.com/meetings03.php>
Villa Borghese, Wappingers Falls, NY
-
- Tues., Apr. 26, 2011 DCDS General Membership Meeting
Topic TBD
Presenter: TBD
- Wed., May 4, 2011 9th District General Membership Meeting
"Surgical Solutions to Prosthetic Problems"
Dennis Smiler, D.D.S.
Holiday Inn Fishkill, NY
- Tues., May 17, 2011 DCDS General Membership Meeting
Topic TBD
Presenter: TBD
- Tues., June 21, 2011 DCDS General Membership Meeting
Topic TBD
Presenter: TBD
- Wed., Sept. 14, 2011 9th District General Membership Meeting
"Pearls For Your Practice"
Joseph Blaes, D.D.S.
Westchester Country Club Rye, NY

Please visit our web site www.dcdsny.com
for meeting information, recent minutes,
the latest Bulletin and lots more in-depth information
about our Society.

Official Minutes of the November 2010 Dutchess County Dental Society Executive Board Meeting

The November 2010 meeting of the DCDS Executive Board was held November 9, 2010 at Mill House Panda, Poughkeepsie, NY. The meeting was called to order at 6:35 pm by President Tom Bloom. A quorum was determined to be present. Board members in attendance were (alphabetically): Drs. Ackerman, Baum, Bloom, Bonavoglia, Costello, Kaplan, Kirtland, M Mason, R Mason, Rosenbloom, Ross, MJ Schwartz, Smith, Stammer, and Walters. The minutes of the October, 2010 Executive Board meeting were accepted as previously distributed.

President Tom Bloom welcomed the members of the Board and thanked them for their attendance.

Secretary Steve Ross gave a thumb drive containing information on his functions to Dr. Schwartz for safekeeping.

Treasurer Stephen Kaplan reported that the DCDS remains in good financial condition. Collections continue on two of our advertisers and from a sponsor of the September General Membership Meeting. We are still awaiting information on various health insurance plans.

Membership Committee Chairman Michael Smith reported that we have no applicants for membership ready for a vote.

Bulletin Committee Chairman Rich Rosenbloom reported that the deadline for the December Bulletin is November 17th. Classified advertising is up to date in the Bulletin and on the web site. We are still efforting the sponsorship package with Biomet 3i.

Program Committee Chairman Rose Mason reported on upcoming programs for our General Membership Meetings. Currently programs through February are set. Additional speakers are being sought.

Steward Anthony Bonavoglia reported that venues through February are set. A discussion was held about the meal cost rules for certain classifications of membership. No changes were made at this meeting.

Young Members Special Committee Chairman Anthony Bonavoglia offered a proposal that the Dutchess County Dental Society seek sponsors for a cocktail party to which we will invite Dutchess County dentists who have been dentists for 15 years or less. Progress will be brought to the December Board meeting.

Audio-Visual Manager. Dr. Ross reported for Dr. Scott Bailey. There is no activity that needs discussion and that things are going well.

Membership Cards ad-hoc Committee: Drs. Don Stammer and Kelly Walters reported and presented two options for membership card vendors. And Dr. Mark Mason presented one he researched. The Board discussed these options and will make a final choice at the December Board meeting. Dr. Mason was added to this committee by Dr. Bloom.

Member Benefits: Dr. Mark Mason reported that nothing new has been arranged since the last report. Dr. Mason brought the Board up to date on developments on the health insurance front. It appears that MVP will not be accepted by the Mid Hudson Medical Group or the Mt. Kisco Medical Group in 2011. He presented information about other available health insurers for 2011. At this point, the Board is of the opinion that, pending new developments, the Society should no longer administer the MVP health plan for our members. It was felt that the best service to our members will be to inform them of those health insurance brokers who are our advertisers and recommend that our members contact them for assistance in choosing health insurance in the future.

Major CE Events Committee: Dr. Ross reported that the committee has been very active. The flyer for the April 13, 2011 event is on our web site and has recently been updated. The printer is producing the flyer as we speak and has mailing labels and spreadsheets for addressing. Registration is proceeding by postal mail and online. Every registration is acknowledged. Online payments are transferred from our PayPal account to our bank account and by checks from postal registrations as they arrive.

Community Outreach and Support Committee: Dr. John Costello, Chairman, reported that no requests for assistance have been received, a good thing.

Dutchess County Dental Society Players: Dr. Costello and Dr. Bloom, Chairman, reported on the activities of the Players. The Players have been active in October and November and have a performance scheduled in December. Children are given a package of gifts including a toothbrush, a coloring book, a tooth eruption chart (for parents) and a program sheet. This very successful project has been raising awareness of dental health throughout the county in elementary students.

DCDS sweatshirts: Dr. Bloom reported that sales will be sought at the November General Membership Meeting from the remaining inventory.

Website Committee: Dr. Ross reported that the website is up to date in all respects.

Schools and National Children's Dental Health Month Committee: Dr. Ross reported that no report was received for this meeting from Chairman Dr. Sara Jane Goldberg. The Board expressed some concern about this and someone will contact Dr. Goldberg.

Local Fluoridation: Dr. Bill Kirtland reported that at this time, efforts to resume water fluoridation are in hibernation pending interest expressed by Dutchess County authorities.

DCDS Hall of Fame Committee Chairman Michael Schwartz reported that activities of his committee will begin in December.

Ninth District Board of Governors: Drs. Mark Mason and Frank Vigliotti (via report) reported on events here. The American Dental Association will have a dues increase next year. There was a slight loss of membership in the Ninth District Dental Association, similar to that in other districts. There was some discussion about the recent Hudson Valley Magazine's article on "Best Dentists in the Hudson Valley". The Ninth's attorney is looking into this. The Board notes with pride that Dr. Armen Manasar will be inducted as Ninth District President for 2011 at tomorrow's Ninth District General Meeting. Dr. Kirtland will introduce him and speak of his accomplishments.

Ninth District Audit, Budget, Finance and Management Committee: Dr. Baum reported that they will meet soon.

Ninth District Nominating Committee: Drs. Bill Kirtland and Baum reported for that activities of that committee will begin again in late Spring of 2011.

NYSDA Council on Dental Education and Licensure: Dr. Vigliotti sent a report on the activities of the committee. Dr. Ross reviewed the information in that report.

Other Ninth District Committees: Membership and Communication, Dental Practice, Parliamentarian, Medal, Bulletin and Claims. Reports were received from Drs. Leinkram, Kirtland, Bloom and Ross on the activities of these committees.

Good & Welfare: The Board congratulates Dr. Armen Manasar on the upcoming occasion of his induction at the November Ninth District General Meeting as President of the Ninth District Dental Association for 2011.

The Board expresses its regret at the passing of Jim McCartney, a dental equipment service technician whom many of our members used for many years. Jim was a friend of our dentists and an excellent technician.

All business having been concluded, and on proper motion, the meeting was adjourned at 8:11 pm.

The next meeting of the Executive Board will be December 7, 2010 at a place to be announced.

Respectfully submitted, Steven B. Ross, D.D.S., Secretary, Dutchess County Dental Society

In Memory

Our colleague and member, Steven B. Ross, DDS, passed away at home about November 11th, 2010. Steve was the Secretary of the Dutchess County Dental Society, and served on numerous committees. His hard work and innovative ideas served as a model for those to follow. He was, in many respects, "the voice of the DCDS", both locally and at the Ninth District Dental Association.

Steve was born in Brooklyn, NY on 5/7/40. He lived in Arverne, NY, Laurelton, NY, Bronx, NY, Poughkeepsie, NY and Wappingers Falls, NY. He attended PS 156, in Queens, Far Rockaway, HS, City College of NY, NYU College of Dentistry. He was a member of the ADA, NYSDA, the Ninth District Dental Assn., The Dutchess County Dental Society, and the American Society of Dental Sleep Medicine. He was a founding member of the Southern Dutchess Dental Study Group, CAVU, a select group of Dentists gathered for Practice Management study, the Dental Staff of Vassar Brothers Medical Center, and had been a graduate of the Toastmasters program. He enjoyed Barbershop singing and like all NYC based grownups, was an avid sports fan.

Steve took every task he was given and not only did it extremely well, but grew the job into something finer. His Toastmaster training helped him be the leader and coordinator of many seminars and his substantial communication skills were invaluable in letters, meetings and program presentations.

Dr. Ross practiced General Dentistry in Wappingers Falls from December 27, 1967, until his untimely death. He was survived by the love of his life, his wife of 33 years, Joan Ross. He is also survived by his mother, Adele Gold, his brother, Richard Ross, sister Ilene Reynolds, his son Mitchell Ross and daughter, Jodi Ross.

Steve spent his life trying to help others, and do good work. He knew how to be a friend.

Any contributions in his memory can be made to the American Cancer Society.

There were no calling hours.

Submitted by Michael J. Schwartz, DDS



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